

## LEARNING TARGETS:

- **Skill:** I will demonstrate cooperative behaviors without reminders.
- **Cognitive:** I will discuss class rules and respectful behaviors.
- **Physical Activity:** I will demonstrate respect for equipment.
- **SEL:** I will demonstrate behaviors that build a positive community.

## TARGET VOCABULARY:

- Cooperation, Emotion, Respect, Rules, Self-Respect, Self-Control, Support

## EQUIPMENT NEEDED:

- Set of Closing Fitness Adventure Cards, Class Rules Poster, Emotion Color Chart, 2 bean bags, 6 hoops, 2 spot markers, Stopwatch

## ORGANIZE:

- **Space:** Set up the space according to instructions on the Closing Adventure Cards.
- **Students:** Organize students according to the Closing Adventure Cards.

## PROCEDURES:

- **The Object:** To complete each Closing Fitness Adventure.
- **The Process:** There are 4 Closing Fitness Adventures. Complete 1 closing adventure per day. Allow time for student processing and class discussion.

## DEVELOPMENTAL MODIFICATIONS FOR DIFFERENTIATION:

- Adjust equipment, set-up, or rules of each challenge based on the needs of your students.

## DISCUSSION STARTERS:

- See closing team challenge cards.

Follow the ORGANIZE instructions on each Closing Fitness Adventure Card

