

# Family PE Week ————— **Active Schools** | **OPEN**

Score up to 50 points during Family PE Week with this Active Family Challenge —————

<b>Let's Move!</b> Active Games for Your Family			<b>Total Points for Let's Move</b> (15 Possible Points)
<b>BOOKEND</b> <a href="#">Watch the Video Here</a> Complete for 5 points.	<b>BOWLING FOR CUPS</b> <a href="#">Watch the Video Here</a> Complete for 5 points.	<b>Fan-A-War</b> <a href="#">Watch the Video Here</a> Complete for 5 points.	
<b>Family Fun!</b> Get Active Together			<b>Total Points for Family Fun</b> (15 Possible Points)
<b>TAKE A WALK</b> With Family and Friends Complete for 5 points.	<b>PLAY CATCH</b> With a Ball or Soft Tossable Complete for 5 points.	<b>DANCE PARTY</b> Turn Up The Music and Dance Complete for 5 points.	
<b>Gratitude Attitude!</b> Be Thankful and Let It Show			<b>Total Points for Gratitude!</b> (15 Possible Points)
<b>THANK YOUR PE TEACHER</b> Send a thank you note to your school's physical educator. Handmade cards are the best! Complete for 5 points.	<b>TELL A PRINCIPAL THAT YOU LOVE PE</b> Send a note or email to your school's principal thanking them for supporting PE. Complete for 5 points.	<b>SHARE YOUR FAVORITE PE MEMORY</b> Adults, tell your kids about your favorite memory or game from physical education class. Complete for 5 points.	
<b>Worldwide Celebration!</b>			<b>Total Points for Celebration!</b> (5 Possible Points)
<b>USE #FamiliesLovePE</b> Post an active photo or video to social media during Family PE Week and use #FamiliesLovePE.			