

PUMPKIN BALL



Game by Tracie Hammond

LEARNING TARGETS:

- **Skill:** I will demonstrate safe behaviors and shoot only from spot markers.
- **Cognitive:** I will discuss grit and determination during class discussions.
- **Physical Activity:** I will increase my heart rate during this activity.
- **SEL:** I will demonstrate determination by working hard and continuing to shoot the basketball using shooting skill cues.

TARGET VOCABULARY: Grit, Determination

EQUIPMENT NEEDED: 1 basketball per student or per pair; basketball hoops, Spot Markers; Pumpkin Ball Math Flashcards

ORGANIZE SPACE: Play on a basketball court with multiple hoops. Place a pile of flashcards in the corners of the court as well as on the half court line. Scatter spots in shooting-range based on student skill level.

ORGANIZE STUDENTS: Scatter students in the activity area each with a basketball. Or in pairs with 1 ball per pair.

PROCEDURES:

- **The Object:** The object of the game is to earn shots by correctly answering flashcards.
- **The Process:** When the music starts, dribble to a pile of flashcards and pick one up. If you're playing in pairs, bring the card back to your partner and answer the equation. Put the card back in the pile when finished.
- If answered correctly, you earn 1 shot. Dribble to a spotmarker next to a hoop and take your shot. Rebound your ball and dribble to a different pile of flashcards. Continue until you hear the stop signal.

SELF-REGULATION DISCUSSION STARTERS:

- What is grit? How is grit related to determination?
- Why is grit and determination important for you as you try to reach personal goals?

