*Print, Cut, Laminate*

|  |  |
| --- | --- |
| **Upright** | **Inverted** |
| **Symmetrical** | **Asymmetrical** |

*Print, Cut, Laminate*

|  |  |
| --- | --- |
| **Curled** | **Straight** |
| **Safety Landing** | **Tuck Jump** |

*Print, Cut, Laminate*

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| --- | --- |
| **Star/Straddle Jump** | **Log Roll** |
| **Rock and Roll** | **Forward Roll** |

*Print, Cut, Laminate*

|  |  |
| --- | --- |
| **Backward Roll** | **Egg Roll** |
| **Donkey Kick** | **Handstand Leg Switcheroo** |

*Print, Cut, Laminate*

|  |  |
| --- | --- |
| **Handstand** | **Cartwheel Over Mat/Object** |
| **Tip Up** | **Squat Turn** |