

HOLISTIC DUAL PERFORMANCE RUBRIC

GRADE: _____ CLASS: _____

	Skill	Personal & Social Responsibility (PSR)
Proficient 4	Consistently performs balancing, traveling, rolling, weight transfer and combinations/sequences using critical cues. Executes each skill and combination/sequence with proficiency.	Conducts herself/himself safely and with consideration for others and is always open and willing to try new educational gymnastics challenges.
Competent 3	Performs skills with occasional errors in form and outcome. Can perform 4 out of the 5 skills (balancing, traveling, rolling, weight transfer and combinations/sequences) with competence.	Conducts herself/himself safely without disrupting the learning environment.
Lacks Competence 2	Performs skills with frequent errors in both form and outcome. Rarely displays competence in the educational gymnastics skills of balancing, traveling, rolling, weight transfer and combinations/sequences.	Occasionally creates unsafe situations.
Well Below Competence 1	Displays unsatisfactory effort toward skill development and an unwillingness to attempt educational gymnastics tasks and challenges.	Often breaks safety rules and disrupts the learning environment.

Student Name	Skill	PSR	Comments
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