**MATERIALS LIST:**

**Exercise Ball Module**

**OPEN runs on your support!**

You are choosing to support OPEN each time you make a purchase from US Games and BSN SPORTS. For the best available discount on selected items, shop using discount code 7E. That code will unlock OPEN Power Pricing on hundreds of items.

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| **QTY** | **NAME OF ITEM** | **USG ITEM #** |
| 1/student | Core Stability Balls (65cm) | 1335897 |
| 1/student | Biggie Dekrings | 20020024 |
| 1 set/student | Lummi Sticks | 1040210 |
| 2/school | BSN Wheeled Equipment Bag | 1385400 |
| 1/school | Magic Air Deluxe Inflator/Deflator | 20021500 |
| 1 set | 12” Game Cones | 1093452 |
| 1 set | 3” Foam Dice | 1135589 |

**Instructional Resources and Assessments**

The following materials can be downloaded and printed for free from this module’s landing page on [OPENPhysEd.org](https://openphysed.org/curriculum_resources/rhythmfit).

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| **NAME OF RESOURCE** |
| Activity Plans |
| Routine Cards |
| Rhythm Fit YouTube Routine Videos |
| Academic Language Cards |
| Universal Design for Learning (UDL) Chart |
| Academic Language Quiz |
| Holistic Performance Rubric |
| Teacher Self-Reflection Guide |