**HOLISTIC PERFORMANCE RUBRIC:**

**Exercise Ball Module**

**GRADE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CLASS: \_\_\_\_\_\_\_\_\_\_\_\_**

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|  | **SKILL** | **PERSONAL & SOCIAL RESPONSIBILITY (PSR)** |
| **Proficient****4** | Consistently performs movements with the rhythm and tempo of the music. Consistently demonstrates command of performing the order and sequence of the routines by memory.  | Conducts themself safely and with consideration for others. Respects and follows classroom rules and etiquette. |
| **Competent****3** | Performs movements with the rhythm and tempo of the music with occasional errors. Demonstrates the ability to perform the order and sequence of the routines with occasional errors. | Conducts themself safely without disrupting the learning environment. Respects and follows classroom rules. |
| **Lacks Competence****2** | Performs movements with the rhythm and tempo of the music with frequent errors. Requires ongoing skill cue reminders to perform the order and sequence of the routines. | Does not respect classroom rules and etiquette and requires frequent reminders to stay on task. |
| **Well Below Competence****1** | Displays unsatisfactory effort toward skill development and an unwillingness to attempt routines and challenges. | Often breaks safety rules and disrupts the learning environment. |

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| **Student Name** | **Skill** | **PSR** | **Comments** |
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