



HOLISTIC PERFORMANCE RUBRIC: Exercise Ball Module

GRADE: _____

CLASS: _____

	SKILL	PERSONAL & SOCIAL RESPONSIBILITY (PSR)
Proficient 4	Consistently performs movements with the rhythm and tempo of the music. Consistently demonstrates command of performing the order and sequence of the routines by memory.	Conducts themselves safely and with consideration for others. Respects and follows classroom rules and etiquette.
Competent 3	Performs movements with the rhythm and tempo of the music with occasional errors. Demonstrates the ability to perform the order and sequence of the routines with occasional errors.	Conducts themselves safely without disrupting the learning environment. Respects and follows classroom rules.
Lacks Competence 2	Performs movements with the rhythm and tempo of the music with frequent errors. Requires ongoing skill cue reminders to perform the order and sequence of the routines.	Does not respect classroom rules and etiquette and requires frequent reminders to stay on task.
Well Below Competence 1	Displays unsatisfactory effort toward skill development and an unwillingness to attempt routines and challenges.	Often breaks safety rules and disrupts the learning environment.

Student Name	Skill	PSR	Comments
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