



Priority Outcomes:

Social Interaction:

- **(6)** Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing within the spirit of the game or activity.
- **(7)** Demonstrates the importance of social interaction by helping and encouraging others, avoiding trash talk, and providing support to classmates.
- **(8)** Demonstrates respect for self by asking for help and helping others in various physical activities.

Nutrition:

- **(6)** Identifies foods from each food group that can be combined to build balanced meals.
- **(7)** Compares and contrasts the health benefits of whole foods versus processed foods.
- **(8)** Seeks out and makes requests for nutritious whole-food choices.

Personal Challenge:

- **(6)** Recognizes individual challenges and copes in a positive way, such as extending effort, asking for help/feedback, and/or modifying the tasks.
- **(7)** Generates positive strategies such as offering suggestions/assistance, leading/following others, and/or providing possible solutions when faced with a group challenge.
- **(8)** Develops a plan of action and makes appropriate decisions based on that plan when faced with a challenge.

Working with Others:

- **(6)** Accepts differences among classmates in physical development, maturation, and varying skill levels by providing encouragement and positive feedback.
- **(7)** Demonstrates cooperation skills by establishing rules and guidelines for resolving conflicts.
- **(8)** Responds appropriately to participants' ethical and unethical behavior during physical activity by using rules and guidelines for resolving conflicts.