Food is Fuel Scavenger Hunt Card

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| 1 | **Find a food label with** **30mg OR LESS of potassium.** |
| 2 | **Find a food label with** **100 OR MORE calories.** |
| 3 | **Find a food label with** **110mg OR LESS of sodium.** |
| 4 | **Find a food label with** **5g OR MORE of protein.** |
| 5 | **Find a food label with** **4 OR LESS servings per container.** |