



MODULE OVERVIEW

ABOUT THIS MODULE:

This module builds on the skills introduced in the 3-5 Volleyball module through skill-specific volleyball lead up activities and games. Passing, serving, and application of strategies/tactics in small-sided games and activities are some of the focus areas. A variety of other learning outcomes are also addressed within the module’s activities including working within a team and providing/receiving skill-based feedback.

The activities within this module develop and reinforce responsible behaviors, while introducing volleyball skills that may be new to some students. All participants are given the opportunity to explore volleyball skills in a fun and engaging environment where all students can feel successful. This can allow all students to also participate in social engagement and building connections with their classmates that can extend beyond physical education.

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PRIORITY OUTCOMES:

Accepting Feedback:

- **(Grade 6)** Demonstrates self-responsibility by implementing specific corrective feedback to improve performance.
- **(Grade 7)** Provides corrective feedback to a peer, using teacher-generated guidelines, and incorporating appropriate tone, and other communication skills.
- **(Grade 8)** Provides encouragement and feedback to peers without prompting from the teacher.

Manipulative Skills:

- **(Grade 6-8)** Refines manipulative skills to improve performance in dance, fitness, and sport activities.

Working with Others:

- **(Grade 6)** Accepts differences among classmates in physical development, maturation, and varying skill levels by providing encouragement and positive feedback.
- **(Grade 7)** Demonstrates cooperation skills by establishing rules and guidelines for resolving conflicts.
- **(Grade 8)** Responds appropriately to participants' ethical and unethical behavior during physical activity by using rules and guidelines for resolving conflicts.

Social Interaction:

- **(Grade 6)** Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing within the spirit of the game or activity.
- **(Grade 7)** Demonstrates the importance of social interaction by helping and encouraging others, avoiding trash talk, and providing support to classmates.
- **(Grade 8)** Demonstrates respect for self by asking for help and helping others in various physical activities.

Personal Challenge:

- **(Grade 6)** Recognizes individual challenges and copes in a positive way, such as extending effort, asking for help/feedback, and/or modifying the tasks.
- **(Grade 7)** Generates positive strategies such as offering suggestions/assistance, leading/following others, and/or providing possible solutions when faced with a group challenge.
- **(Grade 8)** Develops a plan of action and makes appropriate decisions based on that plan when faced with a challenge.

Locomotor Skills:

- **(Grade 6)** Safely and purposefully uses mature locomotor skills in rhythms and patterns in dance, fitness, and sport environments.
- **(Grade 7)** Combines mature locomotor and manipulative skills in dance, fitness, and sport environments.
- **(Grade 8)** Combines locomotor skills with movement concepts in dance, fitness, and sport environments.

Etiquette:

- **(Grade 6)** Identifies the rules and etiquette for physical activities/games and dance activities.
- **(Grade 7)** Demonstrates knowledge of rules and etiquette by self-officiating modified physical activities/games or following parameters to perform, create, or modify a dance.
- **(Grade 8)** Applies rules and etiquette by acting as an official for modified physical activities/games or creating dance routines within a given set of parameters.



SUGGESTED BLOCK PLAN

Lesson #	Activities	Suggested Academic Language
1	Instant Activity: R, P, S, Victory Lap Volleyball Focus: Set Ball	Set, Volley, Communication, Body Position, Cooperation
2	Instant Activity: Hula Hoop Tower Relay Volleyball Focus: Hula Hoop Volleyball	Bump, Set, Teamwork, Rally, Communication
3	Instant Activity: High-5 Bank Account Volleyball Focus: Sit and Set	Set, Follow Through, Accuracy, Teamwork, Growth Mindset
4	Instant Activity: Toss 3 Volleyball Focus: Pass and Go	Accuracy, Bump, Control, Cooperation, Pass
5	Instant Activity: Set Ball Volleyball Focus: Volleyball Four Square	Bump, Set, Control, Force
6	Instant Activity: Hula Hoop Volleyball Volleyball Focus: Peer Coaching	Cues, Feedback, Positive Language, Goal
7	Instant Activity: Pass and Go Volleyball Focus: Pass, Set, Hit Rally	Volley, Rally, Technique, Spike, Spirit of the Game
8	Volleyball Focus: Royal Court Points Rotation	Rotation, Serve, Teamwork, Integrity