Build Team Culture With
The 5 Characteristics of Highly Successful Teams

• Introduce one word per day for the first 5 days of practice.
• Then, use the team culture question sets to hold a team discussion about how your team can make each word a part of your team culture.
• Post words in a place that the team will always see them. If you’re on a field, use a clipboard to display one team culture word per day. Or, use a set of Task Tents from BSN SPORTS to display them on a cone.
TRUST

We will be open to trusting others.

We will be trustworthy.
1. What is trust and why is trust an important part of being a team?
2. What does it look like and sound like when you are open to trusting others?
3. What does it look like and sound like when you are trustworthy?
We will be respectfully honest.

We will listen to others speak to us honestly.
1. What are different ways that a team can communicate? Why is communication important?
2. What does it mean to be respectfully honest?
3. Why is it important to allow others to speak in a respectfully honest way?
COMMITMENT

We will work to build positive team culture.

We will work to achieve shared team goals.
1. Can you describe what it means to make a commitment to a team?

2. What does it look like and sound like to commit to creating positive team culture?

3. How many actions can you list that show commitment to working toward a team goal?
ACCOUNTABILITY

We will own our responsibilities.

We will lead by example in word and action.
1. What is accountability? Can you describe an example of accountability?
2. What does it look like and sound like when a person owns their responsibilities?
3. What does it look like and sound like when a person leads by example? How is that related to accountability?
FOCUS

We will pay attention to team results.

We will show the world that: “Team is greater than self.”
1. What is focus and how is it related to success?
2. What does it look like and sound like when a person is focused on team results?
3. What does, “Team is greater than Self” mean? How can you demonstrate that concept?