

Family PE Week Active Schools | **OPEN**

Score up to 50 points during Family PE Week with this Active Family Challenge

Let's Move! Active Games for Your Family			Total Points for Let's Move (15 Possible Points)
PAPER PLANE CORNHOLE Watch the Video Here Complete for 5 points.	WATER BOTTLE TRAP Watch the Video Here Complete for 5 points.	SOCK-ER SKEE BALL Watch the Video Here Complete for 5 points.	
Family Fitness Fun! Get Active Together			Total Points for Family Fun (15 Possible Points)
PLANK DRAWING CHALLENGE Watch the Video Here Complete for 5 points.	BALLOON BOP COORDINATION Watch the Video Here Complete for 5 points.	HIP HOP FEET Watch the Video Here Complete for 5 points.	
Gratitude Attitude! Be Thankful and Let It Show			Total Points for Gratitude! (15 Possible Points)
THANK YOUR PE TEACHER Send a thank you note to your school's physical educator. Complete for 5 points.	TELL A PRINCIPAL THAT YOU LOVE PE Email to your principal thanking them for supporting PE. Complete for 5 points.	SHARE YOUR FAVORITE PE MEMORY Adults, tell your kids your favorite memory from physical education. Complete for 5 points.	
Be Social! Share your Participation			Total Points for Celebration! (5 Possible Points)
USE #FamiliesLovePE Post an active photo or video to social media during Family PE Week and use #FamiliesLovePE.			