



MODULE OVERVIEW

ABOUT THIS MODULE:

Cooperative invasion games are team-based activities that promote teamwork, cooperation, communication, and strategy through small-sided games and activities. This module does address development of movement concepts, movement patterns, and strategic knowledge commonly associated with invasion sports. However, the focus for the activities included in this module is on the cooperative aspect of invasion games.

Students will develop and enhance communication skills, through teamwork and cooperation amongst their team by emphasizing collective goals and strategies. The activities within this module reinforce responsible behaviors, while introducing invasion game strategies and skills that may be new to some students. All participants are given the opportunity to explore the movement concepts in a fun and engaging environment where everyone can feel successful. This allows students to build connections with their classmates that can extend beyond physical education.

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PRIORITY OUTCOMES:

Communication:

- **(Grades 9-12)** Uses communication skills and strategies that promote positive team/group dynamics.

Etiquette:

- **(Grades 9-12)** Exhibits proper etiquette, respect for others, and teamwork while engaging in physical activity and/or social dance.

Manipulative Skills:

- **(Grades 9-12)** Demonstrates competency and/or refines activity-specific movement skills in two or more lifetime activities.

Movement Concepts:

- **(Grades 9-12)** Uses movement concepts and principles to analyze and improve performance of self and others in a selected skill.

Social Interaction:

- **(Grades 9-12)** Identifies and evaluates the opportunity for social interaction and social support in self-selected physical activities.

Working with Others:

- **(Grades 9-12)** Uses communication skills and strategies that promote positive team/group dynamics.

SUGGESTED BLOCK PLAN

Lesson #	Activities	Suggested Academic Language
1	Instant Activity: Toss 3 Invasion Game Focus: See It, Defend It	Etiquette, Cooperation, Communication, Commitment, Trust
2	Instant Activity: See It, Defend It Invasion Game Focus: Catapult	Open Space, Close Space, Teamwork, Accountability, Force
3	Instant Activity: 4 Corners Invasion Game Focus: Flag 4 to Score	Offense, Defense, Respect, Communication
4	Instant Activity: Switch Invasion Game Focus: Ultimate Frolf	Focus, Advantage, Accuracy, Movement Concepts, Trust
5	Instant Activity: Switch Invasion Game Focus: 3v3 Bounce Ball	Strategy, Communication, Honesty, Teamwork, Cooperation