Trust Exit Slip:

Trust is an important characteristic of a successful team. It means that you're willing to be vulnerable and risk being disappointed or even hurt by someone you trust, and that you understand the importance of protecting the vulnerability of your teammates and friends. That makes you trustworthy. Use the questions below to help you talk with your teammates in a way that builds trust.

Answer the questions below and then discuss your answers with your team.

1. What is an example of something that a teammate could do to be trustworthy?
2. If you made a mistake and accidentally broke someone's trust, how could you communicate with them in a way that would help rebuild that trust?