

gratitude GAMES



TURKEY FEATHER ROUND UP

STUDENT TARGETS

- Skill: I will demonstrate safe behaviors and pacing during the activity.
- Cognitive: I will discuss integrity and fair play.
- Fitness: I will use strategies such as positive self-talk to self-reinforce fitness behaviors.
- Social/Emotional: I will play with integrity and follow the rules of the game.

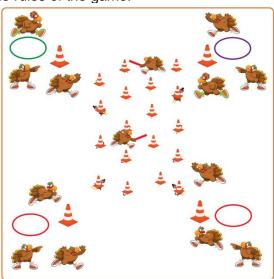
EQUIPMENT & SET-UP

Equipment:

- 1 Hoop & 1 cone per team
- 25-30 Cones of various sizes
- Turkey & Feather Cut Outs
- 10-12 Foam noodles for taggers
- Scooters (optional)

Set-Up:

- Place a hoop and starting cone for each team around the perimeter of activity space to build a "farm" in the middle. Scatter cones throughout the center of the farm and hide turkeys and turkey feathers underneath them. (Turkey and feather cut outs are found in the activity resources and need to be cut out ahead of time)
- Create teams of 2-3 students, with each team beginning at a cone. Place 1 hoop by each team's starting cone.
- Designate 2-4 students to begins as taggers with noodles.



ACTIVITY PROCEDURES

- 1. This activity is called Turkey Feather Round Up! The object of the game is for each team to collect as many feathers as possible while avoiding the taggers (turkeys).
- 2. When the music starts, 1 player per team will enter the farm (on foot or on scooters). The game is played in relay format. Students who are on the farm will look under the cones and can collect 1 feather at a time and return it to their team's hula hoop. If tagged by a turkey with a foam noodle, students must return to their team empty handed.
- 3. But watch out for the hidden turkeys! If you find a turkey underneath the cone instead of a feather, get a noodle and become a turkey (tagger) to help prevent the feathers from being taken.
- 4. When the music stops, we will count our feathers to see which team has the most.

DEBRIEF QUESTIONS

- DOK 1: What is integrity?
- DOK 2: How is integrity related to fair play during our games and activities?
- **DOK 3**: How does integrity help you be a better teammate?

PRIORITY OUTCOMES

Personal Responsibility and Safety:

- Grades K-2: Works independently and safely in physical education.
- **Grades 3-5:** Engages in physical activity with responsible interpersonal behavior (e.g., peer to peer and student to teacher).
- **Grades 6-8**: Identifies and uses appropriate strategies to self-reinforce positive fitness behaviors, such as positive self-talk.

