

gratitude GAMES



WILD TURKEY RALLY

STUDENT TARGETS

- **Skill:** I will demonstrate safe behaviors and pacing during the game.
- Cognitive: I will discuss the enjoyment of being active with family and friends.
- Fitness: I will increase my heart rate during this activity.
- Social/Emotional: I will describe the social benefits gained from participating in physical activity.

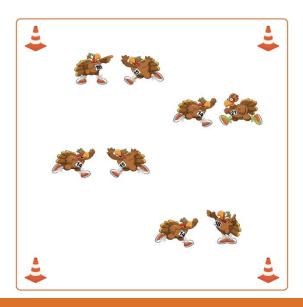
EQUIPMENT & SET-UP

Equipment:

- Cones for boundaries
- · Music player and music

Set-Up:

- Create a large activity area with cones.
- Students find a partner inside activity area, and face them ready to play Rock, Paper, Scissors.



ACTIVITY PROCEDURES

- 1. This activity is called Wild Turkey Rally! The object of the game is to have the most consecutive Rock, Paper, Scissors victories before you hear the stop signal.
- 2. This activity is a Thanksgiving version of Rock, Paper, Scissors. You can be a Turkey (use arms to make wings), a Pilgrim (use hands to make a hat), or an Acorn (use hands to make fists).
- 3. Turkeys beat Acorns, Pilgrims beat Turkeys, and Acorns beat Pilgrims.
- 4. When the music starts, you and your partner will jump 3 times and then make a symbol. The winner gets a point. You will play 3 rounds with your partner, and then move to find a new partner to compete against. Students add to their scores with each consecutive win. After a loss, you must start back at zero. Whoever has the highest score when the time ends wins!
- 5. We will continue to play until you hear the music stop.

DEBRIEF QUESTIONS

- **DOK 1**: What is responsibility? How did you show responsibility during the game?
- DOK 2: Why is it important for a leader to demonstrate responsibility?

PRIORITY OUTCOMES

Social Interaction:

- Grades K-2: Discusses the enjoyment of playing with family and friends.
- Grades 3-5: Describes the social benefits gained from participating in physical activity.

