NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**YES OR NO?**

Look at each picture. Will the activity help your muscles get stronger?

Decide and then circle YES or NO.

|  |  |
| --- | --- |
| **Does the activity make your muscles stronger?** | |
|  | **YES** or **NO** |
|  | **YES** or **NO** |
| A silhouette of a child playing with a tv  Description automatically generated | **YES** or **NO** |
|  | **YES** or **NO** |