



NAME: _____

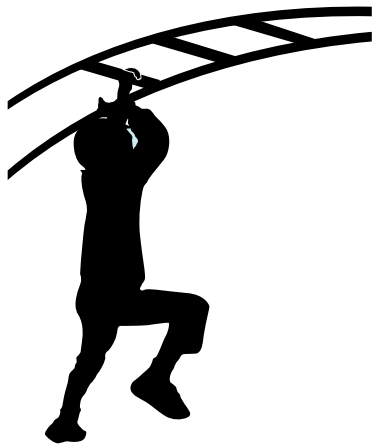
YES OR NO?

Look at each picture. Will the activity help your muscles get stronger?
Decide and then circle YES or NO.

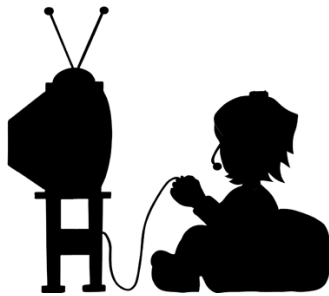
Does the activity make your muscles stronger?



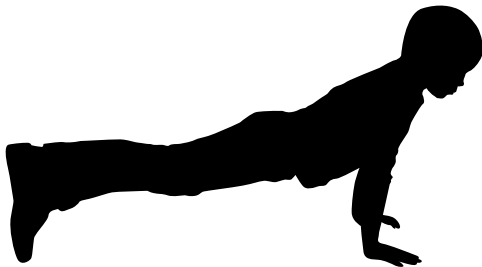
YES or NO



YES or NO



YES or NO



YES or NO