

TOSS 3

STUDENT TARGETS

- Purposeful Competition: I will value my opponent as a partner who allows me to work towards excellence.
- Skill: I will demonstrate skill cues for passing, receiving, and dribbling.
- Fitness: I will remain actively engaged in all challenges.
- Responsible Behaviors: I will cooperate with a variety of partners, respecting all skill levels.

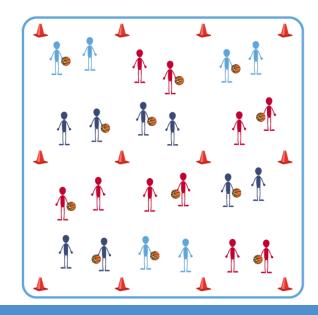
EQUIPMENT & SET-UP

Equipment:

- 1 basketball per 2 students
- 4 cones for boundaries
- Music/Music player

Set-Up:

- Create a large activity space using 4 cones to mark boundaries.
- Scatter pairs of students throughout activity area. Each pair with a ball.



ACTIVITY PROCEDURES

- 1. Today we're going to focus on accuracy and control while we practice passing and receiving during Toss 3.
- 2. The object of Toss 3 is to work with as many different classmates as you can while the music is playing. When the music starts, the partner with the ball will begin with a bounce pass. Each pair will make 3 bounce passes. The partner who now has the ball will travel and find a new partner who does not have a ball.
- 3. When the music stops, we will begin using a chest pass.
- 4. You will continue to find a new partner after 3 chest passes.
- 5. On the stop signal put equipment down and be ready for the next set of instructions.

GRADE LEVEL PROGRESSION

- Level 1: Increase the number of passes to any odd number. Odd numbers maintain the change of possession as students change partners.
- Level 2: Students must move while completing the 3 passes with their partner and may not stand still to pass/receive.

TEACHING CUES

- Cue 1: Look at your partner to ensure they are ready before making a pass: their hands are up and their eyes are looking at you.
- Cue 2: Focus on accurate and controlled passes.
- Cue 3: Use two-handed catches with soft hands.





TOOLS FOR LEARNING BASKETBALL



TOSS 3 (continued...)

UNIVERSAL DESIGN FOR LEARNING

- **UDL 1:** Increase or decrease the size of activity area as needed.
- UDL 2: Use brightly colored cones/equipment to distinguish boundaries.
- UDL 3: Use verbal cues and visual aids along with demonstrations.
- **UDL 4:** Use peer partners as appropriate.
- **UDL 5:** Provide equipment of different sizes, textures, and weights (e.g., playground balls, foam balls, auditory balls).

ACADEMIC LANGUAGE

Tactic, Teamwork, Leading Pass

PRIORITY OUTCOMES

Purposeful Competition - Association of Failed Attempts with Future Successes:

 (HS) Create higher level tasks to overcome challenges, rather than easily attained victories, in recognition that losses will provide many opportunities to see greater development and lead to growth.

Etiquette:

 (HS) Exhibits proper etiquette, respect for others, and teamwork while engaging in physical activity and/or social dance.

CLOSURE AND DEBRIEF

Debrief Questions:

- DOK 1: What is a tactic that you used during this activity?
- DOK 2: What are some offensive tactics used in basketball?
- DOK 3: How are offensive tactics related to opening/creating space?

