

TOOLS FOR LEARNING HIGH SCHOOL BASKETBALL



Sport Education: Team Selection Process

Team Selection Steps:

- Each student writes their name on an index card as they enter class.
- Teacher pre-selects 6 Captains before students arrive (number of Captains can be more/less based on the number of students).
- Teacher gives the index cards to the group of Captains for them to divide the class into 6 even teams.
- Captains will create teams without knowing which team they will be the Captain of. Captains will work together as a group to create balanced teams (e.g., separate high skilled students, etc.).
- When Captains finish creating the 6 teams, the teacher will review and assign each team created by the Captains a number (1-6).
- Teacher will then lead Captains through choosing a number (1-6). The team assigned to the number chosen is their team for the season.
- There are no trades once Captains have created and chosen teams. If one team becomes disproportionately smaller than other teams, the teacher can work with Captains to adjust as needed (e.g., season-long injuries, student withdraws from school or has a class schedule changed, etc.).