

OPEN[®]

Winning Wellness Cards

GameDay

GameDay

CONE CATCHER

Set-Up:

- Create teams of 3 players.
- Each team has beanbags placed in a hoop and a cone 5 paces away from the hoop.
- One teammate is the tosser and stands behind the hoop and beanbags.
- The other two teammates are cone holders and stand 5 paces away with the cone opening facing the tosser.

How to Play:

- This is *Cone Catcher*. The object of the game is for your team to work together and use the cone to catch as many beanbags as you can.
- Get ready with 2 players holding a cone, and 1 player 5 paces away, ready to toss the beanbag into the cone.
- On the start signal, the tosser makes the first toss and quickly picks up another beanbag for another toss. The cone holders count catches aloud to keep track of the score.
- Cone holders can move the cone to help the tosser and make the catch. If your team tosses all of your beanbags successfully in the cone before time expires, cone holders quickly dump the beanbags back into position and play continues. Beanbags that miss the cone and fall to the ground can be collected and tossed again.
- On the stop signal, we will reset the equipment and repeat this challenge a second time trying to improve your score.

Community Connection Game-Day Fact:

- Sometimes your closest friends do not end up on the same team with you during activities. This should be seen as an opportunity to connect with classmates that you may not have gotten a chance to know as well yet. Being open to making these new connections can lead to friendships that extend beyond physical education class.



Community Connection Card