

OPEN[®]

Winning Wellness Cards

GameDay

GameDay

TREASURE HUNT

Set-Up:

- Arrange objects randomly inside activity space. Ensure there is adequate space for students to move between spot markers and objects safely. **Please do not include objects such as foam balls that could cause a blindfolded student to fall or roll an ankle.**
- Create teams of 2 students and have them begin outside the perimeter of the activity space with a blindfold or bandanna, standing next to a hula hoop.

How to Play:

1. This Community Connection activity is called *Treasure Hunt*. The object is to utilize communication and listening skills to safely move through the activity space and collect as many treasures as possible. One partner will start with a blindfold on, and the other partner will be the trust coach. Your team will begin next to your hula hoop outside of the boundary cones.
2. On the start signal, the trust coach will begin to guide their partner using verbal communication only into the activity space. All blindfolded students will need to keep their arms extended in front of them at all times to create “bumpers” for safety. Trust coaches can move around anywhere outside of the boundary cones in order to ensure their partner can continue to hear their voice as they communicate how to travel from object to object.
3. Your team gets one point for each object the blindfolded team member is able to collect and bring back to your hula hoop. You are only allowed to collect one piece of treasure per trip, and you must switch roles each time someone brings a treasure back to your hoop.
4. On the stop signal, or when all treasure is collected, we will count up the points for each team.

Community Connection Game-Day Fact:

- Great teams and/or partnerships are built on a foundation of trust. One key ingredient in the process of building trust is communication. You needed to trust your partner to communicate clearly to safely lead you to the treasure during this activity. In the future, you will be faced with situations where you will need to trust others to help you make decisions. Learning how to communicate effectively will help all of us become the type of leaders who can build and earn that trust.



Community Connection Card