



## MODULE OVERVIEW

### ABOUT THIS MODULE:

Introducing middle school students to golf brings with it opportunities for both physical and mental growth. As we embark on this exciting journey through the OPEN golf module, students will not only learn the fundamental techniques of putting and chipping, but they will also develop essential life skills such as patience, perseverance, and sportsmanship. Through engaging activities and structured lessons, students will discover the joys of mastering a new skill while fostering a lifelong appreciation for the game of golf and the importance of maintaining an active and healthy lifestyle. Join us as we tee off on a journey of discovery and enrichment, both on and off the green!

The activities within this module develop and reinforce responsible behaviors. All participants are given the opportunity to explore golf in a fun and engaging environment where everyone can feel successful. This allows students to build connections with their classmates that can extend beyond physical education.

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**PRIORITY OUTCOMES:**

**Etiquette:**

- Demonstrates knowledge of rules and etiquette by self-officiating modified physical activities or games.
- Identifies the rules and etiquette for physical activities/games and dance activities.

**Personal Challenge:**

- Recognizes individual challenges and copes in a positive way, such as extending effort, asking for help/feedback, and/or modifying the tasks.

**Social Interaction:**

- Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing within the spirit of the game or activity.
- Demonstrates the importance of social interaction by helping and encouraging others, avoiding trash talk, and providing support to classmates.

**Working with Others:**

- Demonstrates cooperation skills by establishing rules and guidelines for resolving conflicts.
- Accepts differences among classmates in physical development, maturation, and varying skill levels by providing encouragement and positive feedback.
- Uses communication skills and strategies that promote positive team/group dynamics.

**SUGGESTED BLOCK PLAN**

Lesson #	Activities	Suggested Academic Language
1	<b>Instant Activity:</b> Golf Bowling <b>Golf Focus:</b> Golf 301	Alignment, Etiquette, Grip, Stance, Putt, Accountability, Communication, Teamwork
2	<b>Instant Activity:</b> Top Golf <b>Golf Focus:</b> Bullseye	Chipping, Follow Through, Safety, Respect, Accuracy, Distance, Cooperation, Encourage
3	<b>Instant Activity:</b> R,P,S Victory Lap <b>Golf Focus:</b> Bucket Golf	Chipping, Follow Through, Par, Course
4	<b>Instant Activity:</b> G-O-L-F-E-R <b>Golf Focus:</b> Sink Holes	Duplicate, Target, Safety, Challenge, Strategy, Cooperation
5	<b>Golf Focus:</b> Putt Putt	Rules, Creativity, Communication