**Creative Combos Worksheet**

**Your team is taking over as the teacher! You will create a 32-count jump rope routine with 4 different skills included. Each skill will be performed for 8-counts. Please be prepared to perform the routine for the other students in your class.**

**Development Considerations:**

* What type of routine do you want to create?
* What equipment will you need? (e.g., single or long jump ropes)
* What jump rope skills will be included? (minimum of 4)
* What will be the pace of the routine?
* Do the skills flow from one to the next?

**Complete the chart below:**

|  |  |
| --- | --- |
| Name of Group |  |
| Names of Students in Group | 1 |
| 2 |
| 3 |
| 4 |
| Equipment Needed |  |
| Jump Rope Skills Included in Routine | Skill 1: |
| Skill 2: |
| Skill 3: |
| Skill 4: |