**MODULE OVERVIEW**

**ABOUT THIS MODULE:**

Flag football is one of the fastest growing sports for youth, especially girls. This module builds off of the Grades K-2 Flag Tag module and introduces students to flag football focusing on fundamental skills and teamwork. Activities combine skill development and communication skills through a dynamic and supportive environment where all students can thrive.

Development of specific skills and strategies that involve passing, receiving, and flag pulling are targeted learning outcomes. This module provides lead-up activities and small-sided games aimed at developing the movement concepts and movement patterns commonly associated with flag football.

In addition, the activities within this module develop and reinforce responsible behaviors, while introducing strategies and skills that require communication, teamwork and cooperation in order to be successful. All participants are given the opportunity to explore the movement concepts in a fun and engaging environment where everyone can feel successful.

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**PRIORITY OUTCOMES:**

**Etiquette:**

* Demonstrates knowledge of rules and etiquette by self-officiating modified physical activities or games.
* Identifies the rules and etiquette for physical activities/games and dance activities.

**Locomotor Skills:**

* Combines locomotor skills with movement concepts in dance, fitness, and sport environments.

**Movement Concepts:**

* Creates open space to create an advantage or with a specific purpose in dance, fitness, and sports activities.
* Closes space to create an advantage or with a specific purpose in dance, fitness, and sports activities.
* Analyzes movement and activity situations and makes adjustments with a specific purpose or to create a strategic advantage.

**Social Interaction:**

* Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing within the spirit of the game or activity.
* Demonstrates the importance of social interaction by helping and encouraging others, avoiding trash talk, and providing support to classmates.

**Working with Others:**

* Accepts differences among classmates in physical development, maturation, and varying skill levels by providing encouragement and positive feedback.

**SUGGESTED BLOCK PLAN**

|  |  |  |
| --- | --- | --- |
| **Lesson #** | **Activities** | **Suggested Academic Language** |
| **1** | **Instant Activity**: Toss 3  **Flag Football Focus**: Partner Pass & Chase | Etiquette, Teamwork, Pass, Chase, Flee |
| **2** | **Instant Activity**: 2 Steps Forward, 1 Step Back  **Flag Football Focus**: Bee Hive | Encourage, Support,  Offense, Defense |
| **3** | **Instant Activity**: 1v1 Flag Tag  **Flag Football Focus**: Partner Catch & Flip | Communication, Advantage, Strategy |
| **4** | **Instant Activity**: Partner Pass & Chase  **Flag Football Focus**: 1v1 Catch & Score | Quarterback, Receiver, Agility |
| **5** | **Instant Activity:** Look It In  **Flag Football Focus**: Wristband Wranglers | Huddle, Integrity,  Cooperation, Enthusiasm |