



## SAMPLE LESSON PLAN

<b>FOCUS OUTCOMES</b>	<p><b>Etiquette:</b></p> <ul style="list-style-type: none"> <li>Exhibits etiquette and adherence to rules in a variety of physical activities.</li> </ul> <p><b>Working with Others:</b></p> <ul style="list-style-type: none"> <li>Shares equipment and space with others.</li> <li>Works cooperatively with others.</li> </ul>
<b>LESSON TARGETS</b>	<ul style="list-style-type: none"> <li><b>Skill:</b> I will throw overhand through the hoop target.</li> <li><b>Cognitive:</b> I will identify how moving in different pathways leads to success with Hoop Ball.</li> <li><b>Fitness:</b> I will be actively engaged during this activity.</li> <li><b>Personal &amp; Social Responsibility:</b> I will use positive and encouraging communication with my teammates.</li> </ul>
<b>ACADEMIC LANGUAGE</b>	<ul style="list-style-type: none"> <li>Quaffle, Etiquette, Cooperation, Encourage, Teamwork</li> </ul>
<b>SELECTED ASSESSMENT</b>	<ul style="list-style-type: none"> <li>DOK Questions</li> <li>Academic Language Review</li> </ul>

## LESSON MAP

	TRANSITION NOTES	ACTIVITY NAME	DEBRIEF
<b>1</b> Instant Activity	Before students arrive, use cones to create a large activity space and have a variety of tossable objects available. For Group Catch, create groups of 3 students, with partners facing each other with a quaffle (deflated volleyball) to throw and catch.	Group Catch	<ul style="list-style-type: none"> <li><b>DOK 1:</b> Can you share what teamwork looks like?</li> <li><b>DOK 2:</b> Do you think being active is more fun when you get to participate with your friends or family?</li> <li><b>DOK 3:</b> What are some ways that you can show respect for yourself and others during physical activities?</li> </ul>
<b>2</b> Learning Task	You will continue with teams of 3 students, but while debriefing Group Catch you will need to set up the equipment needed for the Quaffle Throw activity.	Quaffle Throw	<ul style="list-style-type: none"> <li><b>DOK 1:</b> Can you share what it means to encourage someone?</li> <li><b>DOK 2:</b> How does cooperation impact the success of a team or group?</li> <li><b>DOK 3:</b> How might you be able to inspire your teammates to try their best during an activity or game?</li> </ul>
<b>3</b> Assessment	Bring closure to the lesson by reviewing or expanding on the DOK questions from both activities. Review all academic language that was used during both activities.	<ul style="list-style-type: none"> <li>DOK Questions</li> <li>Academic Language Review</li> </ul>	

