

Snowflake Stations

1

5 Push-Ups
(any style)



Snowflake Stations

2

8 Burpees



Snowflake Stations

3 8 Snowflake
Jumps



Snowflake Stations

4

10-Count
Plank



Snowflake Stations

5

25 Jumping
Jack Frosts



Snowflake Stations

6

30 Seconds
Jog in Place

